



Monitoring Form – Voluntary Organisation Support Grant

As part of your application to the Council's Voluntary Organisation Support grant, you agreed that in the first twelve months of funding, your organisation would meet the achievements detailed below.

Part of the application process was an agreement to provide evidence in relation to what you are doing to achieve these targets. We therefore require you to complete this simple monitoring form on a quarterly basis. The sheets are to be returned to us no later than ten days after the end of the following periods:

Q1 April – June 2017

Q2 July – September 2017

Q3 October – December 2017

Q4 January – March 2018

Please demonstrate how you are achieving:-

Meet every identified Young Adult Carer to work with them to create an action plan which enables them to access the same life opportunities as those without a caring role. This will involve collaboration with the Action for Family Carers School Liaison Service.

All of the 23 identified Young Adult Carers (YAC) in Uttlesford have worked with the YAC Transition Worker to co-produce action plans which enable them to access the same life opportunities as their peers. Examples of an action plans which has been co-produced is a YACs include those gaining employment, accessing further/higher education and seeking support with their mental health. The YAC Transition worker works with YAC to identify the ways in which caring has impacted most on their lives and supports them to overcome the barriers caring has created. For example a YAC who has achieved lower academic grade may feel they cannot attend university, however they will have gained many life-skills which universities value. Their YAC transition worker will help them identify these skills and support them in writing their UCAS statements. The YAC transition worker has also been supported several YACs in Uttlesford who have struggled with their mental health as a result of caring. The YAC transition worker has supported them in attending appointments and referring in to specialist support services.

The YAC Transition Worker has worked closely with the Young Carer School Link worker to ensure all Young Carers approaching transition are identified and receive support and all Young Carers moving into a place of Further Education were identified in the summer break.

In addition to this the Young Adult Carer Transition Worker has taken 7 Young Adult Carers on a weeklong sail training trip through Adventures offshore which supporting team building and self-esteem, whilst providing a meaningful break from their caring roles.

Please demonstrate how you are achieving:-

Offer information and advice to Local Authorities, Health, Statutory and Voluntary organisations to support best practice and improve delivery, identification and support for young adult carers.

The YAC Transition Worker continues to use the hub in Great Dunmow and an office within the council building as satellite facilities for their work in Uttlesford. The hub in particular has allowed the Young Adult Carer Transition Worker to advise other youth supporting organisations on the identification and support of YAC. The YAC Transition Worker also attends Think families in Uttlesford and multi-agency meetings representing Action for Family Carers speaking about the difference support can make to a YAC. The YAC transition worker has supported YACs to attend appointments with Statutory agencies and continues to promote best practise and improve the delivery of services provided to Young Adult Carers. In this quarter The YAC Transition worker has attended events in Harlow and Cambridge to support YACs from Uttlesford who live in Uttlesford but receive FE or HE out of district/county

Please demonstrate how you are achieving:-

Maintain existing Young Adult Carer support groups and other services and promote them in the Uttlesford community.

Throughout this quarter the YAC Transition Worker has continued to offer 1:1 support to YAC in places of education and the community. They have offered opportunities for YACs to meet in groups either in Uttlesford or with other Young Adult Carers across the West of Essex and at county wide events. An example of this is the YAC Celebration event hosted in Chelmsford and attended by YACS from across the county. The event highlighted the successes over the past 12 months for all YACs supported by AfFC.

The YAC Transition Worker is visible in the community, has satellite offices in the district and attend multi-agency meetings in Uttlesford. They have supported one YAC from Uttlesford to attend Action for Family Carers Young Adult Carers forum to ensure the voice of YAC from Uttlesford is represented.

In addition, can you please supply us, by the end of May, with quarterly and yearly targets so your achievements can be monitored and reported to Councillors throughout the year. As your achievements will be monitored in a formal manner, can you please ensure you meet the reporting deadlines stated above. Failure to do this may jeopardise further funding opportunities for your organisation.

Completed by:

Name: Heather Hunt _____

Date: 9th September 2017 _____

Position in organisation: Young and Young Adult Carer Service Manager _____

Signed: Heather Hunt _____